Seefres

Lunch Menu

Starters

Soup Of The Day Crusty Bread + Butter 🐵		
Satay Chicken Skewer Asian Slaw + Satay Sauce 🗊		
Tomato Mozzarella Bruschetta Olive Tapenade + Balsamic Syrup ด	£6.50	
Greek Salad Marinated Feta Cheese + Olive + Red Onion + Cucumber V 💬	£8.00	
Sautéed Chilli & Garlic King Prawns + Pak Choi + Beansprouts + Egg Noodles 🐵	£10.00	
Italian Style Meatballs + Flatbread + Rocket + Parmesan 🐵	£8.00	
Meaty Nachos Nacho Cheese + Chicken + Crispy Bacon + Jalapenos + Sour Cream 📾	£9.50	
Veggie Nachos Nacho Cheese + Mediterranean Vegetables + Jalapenos V ⊚ + Sour Cream + Salsa	£9.00	

Wraps

Mains

All Wraps Served With Fries

Falafel + Sweet Chilli + Mayonnaise \$\$\Delta\$£12.00Greek Salad \$\$\Delta\$£12.00Steak + Caramelised Onion£12.00Cajun Chicken + Salsa£12.00

Sandwiches

All Served With Dressed Baby Leaf Sala & Kettle Crisps	ad
Choice Of White Or Granary Bread	
Ham Salad	£7.00
Cheddar & Pickle	£7.00
Tuna Mayonnaise + Cucumber	£7.00
Chicken + Smoked Bacon	£7.00
+ Mayonnaise	

Simple Minute Steak + Fries + Petite Salad 📾		
Mini Hand Battered Fish + Chunky Chips + Mushy Peas + Tartar Sauce 📾		
Club Sandwich + Grilled Chicken + Sliced Egg + Crispy Smoked Bacon + Mayonnaise 🐼	£10.00	
Fish Finger Brioche Bun + Baby Gem + Tartar Sauce		
Italian Style Meatballs + Linguine + Tomato + Rocket + Parmesan		
Country Sausages + Creamed Potatoes + Summer Vegetables + Onion Gravy		
Hunters Chicken + Fries + Grilled Tomato + Baby Leaf Salad + Crunchy Slaw 🐵	£15.00	

Dressed Salad Bowls

Grilled Chicken Griddled Minute Steak Falafel (V) King Prawn

£9.00 £12.00 £8.50 £12.00

V = Vegetarian
(𝔅) = Vegan
(𝔅) = Gluten Free
(𝔅) = Gluten Free Adaptable

Food Intolerance If There Is a Specific Ingredient You Wish to Avoid Please Speak to Your Server Before Ordering – Thank You

PTO

Seches Lunch Menu

Burgers	
House Burgers With House Bun, Lettuce, Tomato, French Fries, Crunchy Slaw	
Spicy Bean Burger + Onion Bhaji + Vegan Mayonnaise 🕥	£15.00
Steak Patty Burger +Tomato Chutney 🐵	£15.00
Cajun Chicken + Sour Cream +Tomato Chutney 🐼	£15.00
Upgrade Any Burger - Cheddar £2.00, Stilton £2.00, Crispy Bacon £2.00	

Sides

Dressed House Salad	£4.00	Chunky Chips	£4.00
Summer Vegetables	£4.00	Chunky Slaw	£4.00
French Fries	£4.00	Sweet Potato Fries	£4.00

Puddings

Warm Brookie + Chocolate Sauce + Butterscotch Ice Cream	£8.00
Cappuccino Crème Brulé	£8.00
Red Berry Sundae + Vanilla Cream 📾	£8.00
Lemon Tart + Raspberry Sorbet + Meringue	£8.00
Nutella Belgium Waffles + Vanilla Ice Cream + Fresh Strawberries	£8.00
Cheese & Biscuits + Onion Chutney	£9.00
Selection Of Ice Creams - 3 Scoops leaving (Choose From Vanilla, Strawberry, Butterscotch, Chocolate)	£7.00